# The Art & Anatomy of Beautification: The Neck

The anatomy and aesthetic of the neck have a major role in the perception of the **youthfulness**, with unique signs of aging and skin damage that require precise customized treatment in order to rejuvenate the neck tissue. The cosmetic experts at Cerulean Medical Institute are highly trained to diagnose and understand the telltale signs of aging in the neck and most importantly how best to treat them.

Neck aging has numerous evidenced based treatment options from non-invasive rejuvenation to surgery, depending on the patient’s age, skin thickness, co-mordities and degree of correction possible. With various stages of neck aging, our patients experience highly satisfying results that helps their neck tone and texture look more youthful, leaving them feeling refreshed and rejuvenated.

## Causes of Aging in the Neck

The neck may age differently than the face depending on your genetics, constitution, lifestyle and skincare routine. Habits like smoking and not using sun protection regularly on either your face or neck can lead to the skin aging faster. Common signs and of neck aging include:

* **Skin laxity**
* **Sagging skin**
* **Visible banding**
* **Wrinkles**
* **Pigmentation**
* **Rosacea**
* **Double chin**

These skin changes involve different layers and structures of the skin, many of which can occur at the same time, requiring a highly personalized treatment approach for the best results.

## Beautification Considerations For The Neck

The ideal neck appearance and contour is a naturally angled, smooth appearance with no visible banding or contracture of neck muscles, a lack of deep wrinkles that can appear over the course of the aging process or due to sun damage.

Our treatment options for the neck aim to **smoothen, firm and enhance the structure of the skin,** while taking care of dyspigmentation like sun or age spots that can undermine an otherwise youthful-looking neck. We have a variety of treatment options for people whose neck area require biostimulation or additional contouring to make the neck and submental or under-chin area more defined and youthful from a three-dimensional perspective. Reducing enlarged pores can provide a nearly flawless natural look that complements an enhanced cervico-mental angle and jawline.

## Treatment Options for the Neck

Of the many types of non-invasive treatments, we provide at Cerulean Medical Institute for creating a more youthful-looking neck, some may be better suited to you than others, which is why a **personalized consultation** is so important.

### Skin Tightening

Depending on your concerns and treatment goals, our skin care experts can use [radiofrequency and ultrasound](https://www.ceruleanmedical.com/treatment/kelowna-body-contouring-skin-tightening/) energy to reach precise depths of the skin to stimulate the skin to produce more collagen and elastin. Over the course of the treatments, your skin will be **lifted and tighter**, helping to reduce sagginess, creating healthier youthful looking skin. These procedures can also have additional benefits as the newly rejuvenated skin softens horizontal neck wrinkles and improves the contour of the neck.

### Radiesse

A novel [injectable treatment](https://www.ceruleanmedical.com/treatment/dermal-fillers-kelowna/) that uses calcium hydroxyapatite, Radiesse is among the few dermal fillers that provide a biostimulant effect to areas where it’s injected. Patients can experience the benefits of **softening wrinkles and fine lines** while providing youthful-looking neck.

### Botox for Platysmal Bands

Visible banding in the neck, may be treatable with [Botox](https://www.botox.ca/) injections to help relax these hypercontracted neck muscles and facilitate a **Nefertiti lift**. This helps smooth the appearance of the neck and create a more youthful contour of the jawline and neck.

### Chemical Peels for Sun Damage

Sun spots, age spots, or other skin damage on and near the neck may benefit from medical-grade chemical peels. [Chemical peels](https://www.ceruleanmedical.com/treatment/chemical-peels-kelowna/) help to exfoliate old and damaged skin cells and reduce superficial imperfections, including:

* Dyspigmentation
* Scars
* Fine lines and wrinkles
* Dull skin texture

After your custom skin peel treatment, you will notice an **improved, more even tone and texture to your neck.**

### IPL or Laser Treatment for Pigmentation and Sun Damage

[IPL photorejuvenation](https://www.ceruleanmedical.com/treatment/ipl-photorejuvenation-kelowna/) and [laser facials](https://www.ceruleanmedical.com/treatment/laser-facials-kelowna/) can have remarkable results for reviving the appearance of the neck skin. IPL treatments utilize high-intensity wavelengths of light that help to improve:

* Uneven skin tone
* Scarring
* Acne
* Rosacea
* Sun damage

Similar to IPL treatments, laser facial resurfacing is often recommended for people with deeper pigmentation, sun damage, as well as wrinkles and fine lines throughout the neck. With both procedures, your neck will have a **healthier-looking, more even glow** after a full course of treatment.

### Medical Microneedling

Microneedling MD offered by the Cerulean Medical Institute is a great way to improve wrinkles, skin laxity, and poor skin tone and texture. Increased absorption and delivery of medical-grade topical treatments to get the most from your results is an invaluable added benefit. Medical microneedling creates highly precise microchannels in the skin to a specific depth that allows topical serums penetrate beneath the surface of your skin for **inside-out rejuvenation**.

These microchannels trigger your body to heal with increased production of collagen fibres, helping reduce fine lines and wrinkles, refine pores and correct sun damage without the need of surgery. Most patients benefit from a series of treatments for the best results.

## Schedule a Consultation

At Cerulean Medical Institute, we pride ourselves on taking a comprehensive and holistic approach to every patient’s anatomical needs, offering only the latest and most proven technologies for your facial and neck rejuvenation. We provide evidenced base medical procedures and skincare advice for **long lasting natural looking results**. Call our Kelowna, BC office on 778-760-5050 or [contact us online](https://www.ceruleanmedical.com/book-a-consultation/) today to schedule your consultation.